

MASSAGE THERAPY EVERY THURSDAY IN THE CLUBHOUSE BY APPOINTMENT

Call Susan at 609-384-6475

Thursdays are not good? Come to my office at no extra charge at: 465 Rt. 9, Waretown – by appointment

Massage can help with headaches, stiff muscles and joint pain, tension, stress and whatever else ails you!

A recent study suggests MASSAGE benefits immune and neuroendocrine function

BUY A PACKAGE OF 5 AND GET 1 FREE

30 Minutes: \$30

60 Minutes: \$60

90 Minutes: \$90

Try an Energy Medicine session – Acupuncture without the needles and Chinese Acupressure. You will learn much about what is going on in your body. Balancing your body's energies increases health and wellness and reduces stress, illness and pain.

When your hormones are balanced – life is easier!!!

Your health and spirit can thrive, and you can respond more effectively to life's challenges.



TREE OF LIFE
MASSAGE & WELLNESS

**Tree of Life Massage & Wellness – Susan Hetrick, LMT
465 Rt. 9, Waretown 609-384-6475 www.treeoflifemassage.net
Serving Ocean County and Greenbriar for 12 years!**